

When to Call the Doctor

When you are pregnant don't wait to call your doctor or midwife if something is bothering or worrying you. Sometimes physical changes can be signs of a problem.

Call your doctor or midwife as soon as you can if you:

- Are bleeding or leaking fluid from the vagina
- Have sudden or severe swelling in the face, hands, or fingers
- Get severe or long-lasting headaches
- Have discomfort, pain, or cramping in the lower abdomen
- Have a fever or chills
- Are vomiting or have persistent nausea
- Feel discomfort, pain, or burning with urination
- Have problems seeing or blurred vision
- Feel dizzy
- Suspect your baby is moving less than normal after 28 weeks of pregnancy (If you count less than 10 movements within 2 hours.)
- Have thoughts of harming yourself or your baby

Source: www.womenshealth.gov/pregnancy/you-are-pregnant/pregnancy-complications.cfm (accessed 11/16/10)

The information provided here is not intended to be used for the diagnosis or treatment of a health problem or as a substitute for consulting a licensed medical professional.

"Building Blocks to Better Babies"

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