

RISK FACTORS

PREECLAMPSIA

Risk factors for Preeclampsia include:

- ✓ History of preeclampsia
- ✓ First pregnancy
 - The risk of developing preeclampsia is highest during your first pregnancy or your first pregnancy with a new partner
- ✓ Age
 - The risk is highest for women less than 20 years old and women who are over 40.
- ✓ Obesity prior to pregnancy
- ✓ Multiple pregnancy
- ✓ Prolonged interval between pregnancies
- ✓ Gestational Diabetes
 - Women who develop Gestational Diabetes have a higher risk of developing preeclampsia as the pregnancy progresses
- ✓ History of certain condition before you became pregnant
 - Chronic high blood pressure
 - Migraine headaches
 - Diabetes
 - Kidney disease
 - Rheumatoid arthritis
 - Lupus

For more information, call Healthy Start
(219) 989-3939

Or you can check out the following websites:

www.mayoclinic.com/health/preeclampsia

www.webmd.com/baby/buide/preeclampsia-eclampsia

The information provided here is not intended to be used for the diagnosis or treatment of a health problem or as a substitute for consulting a licensed medical professional.

Supported in part by project H49MC00083 from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act).